



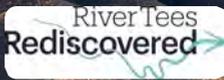
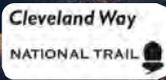
Redcar & Cleveland's

Winter Walking Festival

29th January - 4th February 2018



SKINNINGROVE HISTORY GROUP



this is **Redcar & Cleveland**

Redcar and Cleveland's Winter Walking Festival 2018

The Walking Festival is an exciting event that includes walks for everyone from beginners to the more advanced walker. We are hoping for some mild winter weather, but British weather can be temperamental so expect some snow, rain and strong winds! Please be prepared and dress appropriately—you will need waterproof clothing, comfy walking boots or shoes, bottles of water and food (for the walks where this is indicated).

Important information

Some walks may have an approximate finishing time, but please note that we will walk at the pace appropriate to each walkers abilities, so please be patient on each walk as we will walk as fast as the slowest walker.

PLEASE NOTE: booking is ESSENTIAL for all walks and payment must be made in advance either by cash or cheque to any of the visitor centres listed below, cheques to be made payable to Redcar and Cleveland Borough Council. There is also a maximum number of people able to attend each walk, this is stated in the individual walk description. Please inform us if you are unable to attend a walk you are booked on so your place can be given to someone else.

Booking information

At the back of this brochure is a booking form, once completed please send your form and payment to;

Sophie Lyth
Kirkleatham Museum
Kirkleatham Village
Redcar
TS10 5NW

Or you can hand the form and payment in to one of our other two Visitor Centres; Flatts Lane Woodland Country Park or Guisborough Forest & Walkway.

Alternatively you can email walkingfestival@redcar-cleveland.gov.uk or call one of the following numbers to book onto any of the walks;

Sophie - 01642 496442

Guisborough Forest & Walkway - 01287 631132

Karen - 01642 496428

Flatts Lane Woodland Country Park - 01642 459629



Timing

Please arrive at the meeting point at least 10 minutes before the start of each walk. Walks will commence at the given time, whether all participants have arrived or not. Each walk will vary in time and pace due to the walkers abilities, please be patient on each walk as we will walk as fast as the slowest walker.

Weather

The walk leader will be at the meeting place whatever the weather. However, in exceptional weather conditions, the walk may be re-routed or cancelled to ensure your safety.

Dogs

Where dogs are not allowed on a walk, this is indicated by the  symbol. Dogs are welcome on all other walks and must be kept on a lead or under close control at all times. Where dogs are allowed it does not guarantee a dog friendly route, you may need to help your dog over stiles. Assistance dogs are allowed on all walks.

Health and Safety

It is the responsibility of all walkers to ensure that they are physically fit enough to take part in the walks that they have selected, and that they have appropriate clothing and equipment.

Key to symbols



Suitable for most levels of fitness with the possibility of some gentle climbs



A moderate level of fitness with some quite steep climbs



A higher level of fitness due to the walks being longer and some steep climbs



Minimum age for the walk. Younger children are allowed on other walks



Please bring food with you as there will be a lunch stop.



A flat route, possibly with some gentle climbs



One or two reasonably steep climbs



Very steep climbs on this route, only for those with a high level of fitness



No dogs allowed on this walk. Where dogs are allowed they must be on leads or under close control - please do not bring your dog where you see this symbol. Assistance dogs are welcome on all walks.

T = Time

L = Location

C = Cost

WL = Walk Leader

Monday 29th January

Nordic Walk on Saltburn Beach

Max number of walkers: 8

T: 10am - 12 noon

C: £2

L: Saltburn Bandstand, TS12 1JS

WL: Pat (Smillies Nordic Walks)

Experience the benefits of Nordic Walking on a walk on Saltburn beach to Marske and back. How light you will feel on your feet, and how much you will increase your stride length.



Upleatham Circular (4 miles)

Max number of walkers: 25

T: 10am

C: £2

L: Errington Wood car park

WL: Paul (Countryside Ranger)

Heading out from Errington Wood towards the village of Upleatham following bridleways and farmland tracks, then returning along woodland paths. This walk has some moderate climbs and rough tracks, but packed with plenty of stunning views over the East Cleveland countryside.



Nordic Walk Fitness

Max number of walkers: 8

T: 1pm - 2pm

C: £2

L: Saltburn Bandstand, TS12 1JS

WL: Pat (Smillies Nordic Walks)

Experience how Nordic Walking can improve your fitness in an hour's fun session. The poles help you to work out in an outdoor gym environment.



Tuesday 30th January

Coatham Heritage Trail (2 miles)

Max number of walkers: 20

T: 10am

C: £2

L: Majuba Car Park, next to R-Kade, TS10 5BJ

WL: Stewart Ramsdale

Local expert Stewart Ramsdale joins River Tees Rediscovered to explore the medieval origins of Coatham village, its important role as a port on the River Tees estuary and the impact of the railways on this ancient settlement. Enjoy a gentle stroll through the ages as the buildings tell their stories followed by soup and cake at Tuned In.



this is Redcar & Cleveland

Circular to Mines Wood (4 miles) **Wednesday 31st January**

Max number of walkers: 30

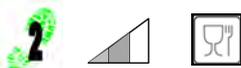
T: 10.30am

C: £2

L: Cowbar Lane car park, TS13 5DA

WL: Marshall (Loftus Accord Walking Group)

A walk from Cowbar Car Park to Mines Wood and the site of old Grinkle Mine. Returning via Dalehouse and Staithes to Cowbar. The walk is mainly on firm ground with several short steep ascents.



Nordic Walk Fitness

Max number of walkers: 8

T: 2pm - 3pm

C: £2

L: Saltburn Bandstand, TS12 1JS

WL: Pat (Smillies Nordic Walks)

Experience how Nordic Walking can improve your fitness in an hour's fun session. The poles help you to work out in an outdoor gym environment.



Nordic Walk in Hutton Lowcross Woods

Max number of walkers: 8

T: 9.30am - 11.30am

C: £2

L: Guisborough Forest & Walkway visitor centre, TS14 8HD

WL: Pat (Smillies Nordic Walks)

Experience the benefits of Nordic Walking on a walk through Hutton Lowcross Woods. Feel how much easier it is to walk up hills with poles driving you forward. Protect the knees and hips coming down hills.



Guisborough Three Peaks (9 miles)

Max number of walkers: 30

T: 10am

C: £2

L: Guisborough Forest & Walkway visitor centre, TS14 8HD

WL: Neil (Countryside Ranger)

Taking in a variety of habitats and terrain visiting the three peaks surrounding Guisborough, enjoying the panoramic views from each peak.



Thursday 1st February

The Industrial History of Guisborough Woods (9 miles)

Max number of walkers: 20

T: 9am

C: £2

L: Guisborough Forest & Walkway
visitor centre, TS14 8HD

WL: Geoff & Carl (Countryside Ranger)

Join local enthusiastic Geoff Withers on this walk around Guisborough woods to discover some of the industrial history that is becoming overgrown. Find out about the different types of minerals that were extracted and how it was processed.



Age 14+

Handale Abbey Trail (6.5 miles)

Max number of walkers: 30

T: 10.30am

C: £2

L: Loftus Town Hall, TS13 4HG

WL: Harry (Loftus Accord Walking Group)

A walk through woodland and along bridleways to the site of a 12th century Abbey, passing ancient pannier ways along the route.



Nordic Walk Fitness

Max number of walkers: 8

T: 2pm - 3pm

C: £2

L: Saltburn Bandstand, TS12 1JS

WL: Pat (Smillies Nordic Walks)

Experience how Nordic Walking can improve your fitness in an hour's fun session. The poles help you to work out in an outdoor gym environment.



Age 14+



Friday 2nd February

Winter Waterfowl & Other Feathered Friends

Max number of walkers: 34

T: 10am - 2pm

C: £2

L: Warrenby car park, TS10 5AW

WL: Sarah (Tees Valley Wildlife Trust)

Start off at Coatham Marsh to look for ducks, geese and wader species. It is a linear walk so we will end up at the mouth of the Tees where we will transport people back to the Warrenby car park in a mini bus. We will provide tea and cake at the end of the walk where we can bird watch and search for flowers.



Age 14+

Saturday 3rd February

Nordic Walk on Saltburn Beach

Max number of walkers: 8

T: 10.30am - 12.30pm

C: £2

L: Saltburn Bandstand, TS12 1JS

WL: Pat (Smillies Nordic Walks)

Experience the benefits of Nordic Walking on a walk on Saltburn beach to Marske and back. How light you will feel on your feet, and how much you will increase your stride length.



Age 14+



Skinningrove Valley Trail (3 miles)

Max number of walkers: 15

T: 10.45am

C: £2

L: Kaskane Café, TS13 4AY

WL: John (Skinningrove History Group)

A stroll through Skinningrove and into Whitecliff Wood, taking in some of the history of the valley.



A Guided Tour of Gisborough Priory & Gardens

Max number of walkers: 20

T: 1pm - 2.30pm

C: £2

L: Gisborough Priory Church Street, TS14 6HG

WL: Derek (Gisborough Priory Project)

Starting off at the little hut at the entrance, the guided tour will be escorted around the Priory site and given a commentary on its history. The ground is uneven in places and slippery during or after wet weather.



Sunday 4th February

Park to Park (6 miles)

Max number of walkers: 30

T: 11am

C: £2

L: Flatts Lane Woodland Country Park visitor centre, TS6 0NN

WL: Jonathan (Countryside Ranger)

A fantastic circular walk between Flatts Lane Woodland Country Park and Stewarts Park. Explore the hidden countryside that nestles so close to the Teesside conurbation.



this is Redcar & Cleveland

Partner Information

The River Tees Rediscovered Landscape Partnership

Is a 5-year programme of activities, projects, workshops and practical sessions covering the river corridor from Piercebridge to Teesmouth with funding raised by National Lottery players and awarded by the Heritage Lottery Fund. Groundwork NE and Cumbria are the lead charity, working with a large number of partners such as the Tees Valley Wildlife Trust, Tees Archaeology, the Tees Rivers Trust, the Canal and River Trust and local authorities to deliver the projects and get as many people as possible actively involved in celebrating the River Tees. For more information about events, activities, volunteering and guided walks, please go to www.riverteesrediscovered.org or visit our Facebook page @riverteesrediscovered and Twitter page @rtrlp.

Gisborough Priory Project

Gisborough Priory Project is a registered charity run entirely by local volunteers. We work in partnership with English Heritage to care for the Priory itself and we also manage the adjacent woodland gardens. Welcoming visitors to the site and maintaining the gardens is a challenging task and we always need new volunteers. Go to www.gisboroughprioryproject.co.uk for more information , or pick up a leaflet from Guisborough Library.

Skinningrove History Group

Skinningrove History Group began as a WEA local history course in 2000 and was formally constituted in 2003. The group aims to research, conserve and promote the social, economic and cultural history of Skinningrove and the surrounding area and so provide access to local resources for residents of East Cleveland and for visitors to the district. The group comprises volunteers and representatives of relevant local bodies. Visit our website www.skinhist.co.uk for more information.

Loftus Accord Walking Group

This group works in collaboration with Redcar & Cleveland Borough Council, Loftus Town Council and other bodies to promote walking in Loftus Civil Parish. It secured Walkers are Welcome status in 2015. Weekly health and health recovery walks take place, starting outside Loftus Town Hall at 1.15pm on Fridays. The group participates in the borough council's walking festivals and organises guided walks to promote the history and heritage that abounds in the parish. Funding from Awards for All has enabled the group to produce leaflets of local walks and undertake improvement measures.

Website: www.walkingloftusandthenorthyorkshirecoast.com

Email: info@walkingloftusandthenorthyorkshirecoast.com

Smillies Nordic Walks

Smillies Nordic Walks is run by Pat Smillie & Jo Davy. We have always enjoyed being outdoors and have walked most footpaths in the North Yorkshire Moors area. We are keen to offer Nordic Walks that are scenic, interesting with varied terrain and are social. We walk regularly on a Tuesday / Thursday & Saturday. We also hold walks in the evenings for those who work and would like the benefits of exercising outdoors. It is a great way to complete your 10,000 steps a day.

For more information on Nordic Walking and to register visit smilliesnordicwalks.co.uk

Tees Valley Wildlife Trust

The Tees Valley Wildlife Trust is an independent, local charity established in 1979 and working across the five unitary authorities of the Tees Valley. It is based at Margrove near Guisborough, has 20 employees, 120 active volunteers and long term support from 5000 members.

The Trust works with local communities to improve the area's natural environment and protect its wildlife. For more information and to see a list of upcoming events and walks visit <http://www.teeswildlife.org/>

General information

Are you joining us from far and wide and need somewhere to stay? Check out the Redcar and Cleveland Borough Council Tourism page to find local accommodation and even some tasty places to eat after your long walks.

www.redcar-cleveland.gov.uk/visit

If you are keen to try out different walks across the Borough, you can find an array of walking leaflets on our countryside webpage.

www.redcar-cleveland.gov.uk/countryside

Interested in becoming more involved in developing and maintaining the countryside? Why not volunteer!

For more information email volunteering@redcar-cleveland.gov.uk or call 01642 496428/496442

To see our full list of opportunities visit www.redcar-cleveland.gov.uk/volunteer

Unsure on which bus will take you to the starting point of the walk, visit the Arriva website to check out the timetable.

www.arrivabus.co.uk

If you would like to offer any feedback on the Walking Festival, please email walkingfestival@redcar-cleveland.gov.uk

To be part of the Walking Festival mailing list to ensure you receive a booklet, email walkingfestival@redcar-cleveland.gov.uk or call 01642 496442/496428

All money raised from the Walking Festival will be used to fund future Walking Festivals



Walking Festival Booking form 2018

Name:	
Age:	
Address:	
Tel no:	
Email address:	
Emergency contact details (next of kin)	Name: Relationship: Full address (if different to above)
Tel no:	
Do you suffer from any medical conditions :	

Indemnity

I (name)..... do hereby indemnify the Council of the Borough of Redcar & Cleveland as well as those partnership organisations involved in the Walking Festival, against all proceedings, costs, actions, expenses, demands or charges, howsoever arising out of or in connection with my chosen walks, except of any such claims, costs or expenses which arise as a result of any negligence or wrongful act caused by the Council of the Borough of Redcar & Cleveland, its servants, agents, employees or partner organisations.

Signed:

Date:

Date	Walk	Tick if attending
Mon 29th	Nordic Walk on Saltburn Beach	
Mon 29th	Upleatham Circular	
Mon 29th	Nordic Walk Fitness	
Tues 30th	Coatham Heritage Trail	
Tues 30th	Circular to Mines Wood	
Tues 30th	Nordic Walk Fitness	
Wed 31st	Nordic Walk in Hutton Lowcross Woods	
Wed 31st	Guisboroughs Three Peaks	
Thurs 1st	The Industrial History of Guisborough Woods	
Thurs 1st	Handale Abbey Trail	
Thurs 1st	Nordic Walk Fitness	
Fri 2nd	Winter Waterfowl and Other Feathered Friends	
Sat 3rd	Nordic Walk on Saltburn Beach	
Sat 3rd	Skinningrove Valley Trail	
Sat 3rd	A Guided Tour of Gisborough Priory and Gardens	
Sun 4th	Park to Park	



