



Redcar & Cleveland's

# Winter Walking Festival

28th January - 3rd February 2019



this is Redcar & Cleveland

# Redcar and Cleveland's Winter Walking Festival 2019

The Walking Festival is an exciting event that includes walks for everyone from beginners to the more advanced walker. We are hoping for some mild winter weather, but as British weather can be temperamental expect some snow, rain and strong winds! Please be prepared and dress appropriately - you will need waterproof clothing, comfy walking boots or shoes, bottles of water and food (for the walks where this is indicated).

## Important information

We have provided an approximate finishing time for each walk, but please note that we will walk at the pace appropriate to each walkers abilities, so please be patient on each walk as we will walk as fast as the slowest walker.

**PLEASE NOTE: booking is ESSENTIAL for all walks and payment must be made in advance either by cash or cheque to any of the visitor centres listed below, cheques to be made payable to Redcar and Cleveland Borough Council. There is also a maximum number of people able to attend each walk, this is stated in the individual walk description. Please inform us if you are unable to attend a walk you are booked on so your place can be given to someone else.**

## Booking information

At the back of this brochure is a booking form, once completed please send your form and payment to;

Sophie Lyth

Guisborough Forest & Walkway

Pinchinthorpe

Guisborough

TS14 8HD

Or you can hand the form and payment in to our other visitor centre;

Flatts Lane Woodland Country Park, Normanby, TS6 0NN

Alternatively you can email [walkingfestival@redcar-cleveland.gov.uk](mailto:walkingfestival@redcar-cleveland.gov.uk) or call one of the following numbers to book onto any of the walks;

Guisborough Forest & Walkway - 01287 631132

Flatts Lane Woodland Country Park - 01642 459629

Countryside Office - 01642 496428



# Timing

Please arrive at the meeting point at least 10 minutes before the start of each walk. Walks will commence at the given time, whether all participants have arrived or not. Each walk will vary in time and pace based on the walkers abilities, please be patient on each walk as we will walk as fast as the slowest walker.

# Weather

The walk leader will be at the meeting place whatever the weather. However, in exceptional weather conditions, the walk may be re-routed or cancelled to ensure your safety.

# Dogs

Where dogs are not allowed on a walk, this is indicated by the  symbol. Dogs are welcome on all other walks and must be kept on a lead or under close control at all times. Where dogs are allowed it does not guarantee a dog friendly route, you may need to help your dog over stiles. Assistance dogs are allowed on all walks.

# Health and Safety

It is the responsibility of all walkers to ensure that they are physically fit enough to take part in the walks that they have selected, and that they have appropriate clothing and equipment.

# Key to symbols



Suitable for most levels of fitness with the possibility of some gentle climbs



A flat route, possibly with some gentle climbs



A moderate level of fitness with some quite steep climbs



One or two reasonably steep climbs



A higher level of fitness due to the walks being longer and some steep climbs



Very steep climbs on this route, only for those with a high level of fitness



Minimum age for the walk. Younger children are allowed on other walks



No dogs allowed on this walk. Where dogs are allowed they must be on leads or under close control - please do not bring your dog where you see this symbol. Assistance dogs are welcome on all walks.



Please bring food with you as there will be a lunch stop.

T = Time

L = Location

WL = Walk Leader

GR = Grid Reference

## Monday 28th

### Errington Circular (4 miles)

**Max number of walkers: 20**

T: 10am - 12.30pm

L: Errington Wood car park, New Marske

GR: NZ 618 612

WL: Paul (Countryside Service)

Cost: £2

Join us on a moderate walk around the outskirts of Errington Wood, a chance to take in the views of the borough from the woodlands vantage point.



Age 14+

### Handale Abbey Trail (6.5 miles)

**Max number of walkers: 30**

T: 10.30am - 3.30pm

L: Loftus Town Hall, TS13 4HG

WL: Harry (Loftus ACCORD Walking Group)

Cost: £2

A walk through woodland and bridleways passing ancient trods on the way to the site of a twelfth century Abbey, where we will stop for lunch, then return to Loftus via lanes and bridleways.



Age 14+

## Tuesday 29th

### Celebrating 50 years of the Cleveland Way - Staithes to Saltburn (9 miles)

**Max number of walkers: 12**

T: 9.30am - 3pm

L: Top Car Park at Staithes – TS13 5BB

WL: Malcolm (NYMNP)

Cost: £2

A chance to enjoy one of the classic cliff top stretches of the Cleveland Way and England Coast Path between Staithes and Saltburn, passing through Skinningrove and the lovely beach at Cattersty and later the Charm Bracelet near Warsett Hill. This walk is the first of many celebrations of the 50th Anniversary of the Cleveland Way in 2019. There will be a minibus return from Saltburn back to Staithes.



Age 14+

## Tuesday 29th

### 33 miles from the horizon (5.5 miles)

**Max number of walkers: 30**

T: 10.30am - 3pm

L: Cowbar Lane car park, TS13 5DA

GR: NZ 778 187

WL: Harry (Loftus ACCORD Walking Group)

Cost: £2

We shall walk from Cowbar car park along the Cleveland Way up to Boulby Cliffs to the highest point on the Eastern side of England. Then down to Twizziegill Farm and return to Cowbar via Mines Wood. There are two short steep sections, first is the ascent to Boulby Cliffs and second on the ascent from Mines Wood to Boulby Mine. Walk combines excellent seascape, landscape and peaceful woodland.



Age 14+

## Tuesday 29th

### Nordic Walking in Saltburn

**Max number of walkers: 8**

T: 11.30am - 1pm

L: Saltburn Cliff Lift - Top of Promenade, Marine Parade, Saltburn, TS12 1DY

WL: Pat (Coast & Moors Nordic Walking)

Cost: £2

Depending on tides, you can experience Nordic Walking on the beach, or in the woods around Saltburn.

Have a go at walking with poles behind you, to experience, how the poles propel you forward, increase your stride length, how much easier it is to walk up and down hills. Pressure is taken off your knees & hips, and your posture improves with standing more erect and you become lighter on your feet.

Nordic Walking uses 90% of your major body muscles, enabling you to burn more calories than ordinary walking.



Age 14+

## Wednesday 30th

### Guisborough / Great Ayton

#### Circular (7 miles)

**Max number of walkers: 20**

T: 10am - 3pm

L: Guisborough Forest & Walkway  
visitor centre, TS14 8HD

GR: NZ 584 152

WL: Sheila (Countryside Service)

Cost: £2

A circular route starting at the visitor centre, Guisborough Forest & Walkway, following paths around the foot of Roseberry Topping and into Great Ayton where we will stop for lunch, before returning to the visitor centre around the opposite side of Roseberry Topping.



Age 14+

## Wednesday 30th

### Nordic Walking in Saltburn

**Max number of walkers: 8**

T: 10.30am - 12noon

L: Saltburn Cliff Lift - Top of  
Promenade, Marine Parade, Saltburn,  
TS12 1DY

WL: Pat (Coast & Moors Nordic Walking)

Cost: £2

Depending on tides, you can experience Nordic Walking on the beach, or in the woods around Saltburn.

Have a go at walking with poles behind you, to experience, how the poles propel you forward, increase your stride length, how much easier it is to walk up and down hills. Pressure is taken off your knees & hips, and your posture improves with standing more erect and you become lighter on your feet.

Nordic Walking uses 90% of your major body muscles, enabling you to burn more calories than ordinary walking.



Age 14+

## Wednesday 30th

### Winter Tree ID Walk for beginners (2-3miles)

**Max number of walkers: 15**

T: 1pm - 3.30pm

L: Flatts Lane Woodland Country Park,  
TS6 0NN

GR: NZ 552 168

WL: Paul (Countryside Service)

Cost: £2

Introduction to using tree buds and other clues for identification of native species found around Flatts Lane Woodland Country Park.

First part of the walk will be a structured introduction to the most common species with hints and tips. Second half will be a more informal 'challenge' along a set route aiming to reinforce and widen the first sections learning.



Age 14+

## Thursday 31st

### The 3 S's Trail (5 miles)

**Max number of walkers: 30**

T: 10.30am - 2.30pm

L: Loftus Town Hall, TS13 4HG

WL: Harry (Loftus ACCORD Walking Group)

Cost: £2

A walk through Whitecliff Woods, crossing the railway viaduct, with views towards Kilton Castle to the left and the sea to the right, passing the steel works and jetty before returning to Loftus via The Miners Way.



Age 14+



## Thursday 31st

### Nordic Walking in Saltburn

**Max number of walkers: 8**

T: 10.30am - 12noon

L: Saltburn Cliff Lift - Top of

Promenade, Marine Parade, Saltburn,  
TS12 1DY

WL: Pat (Coast & Moors Nordic Walking)

Cost: £2

Depending on tides, you can experience Nordic Walking on the beach, or in the woods around Saltburn.

Have a go at walking with poles behind you, to experience, how the poles propel you forward, increase your stride length, how much easier it is to walk up and down hills. Pressure is taken off your knees & hips, and your posture improves with standing more erect and you become lighter on your feet.

Nordic Walking uses 90% of your major body muscles, enabling you to burn more calories than ordinary walking.



Age 14+

## Friday 1st

### Winter Birds of South Gare and Coatham Marsh (3.5 miles)

**Max number of walkers: 28**

T: 10am - 2pm

L: South Gare – parking near Pilot Station , TS10 5NX

WL: Amy (Tees Valley Wildlife Trust)

Cost: £2

Starting at South Gare we will look around the beach and towards the sea for any wading birds. After this we'll head into the dunes for a look around the scrub areas. We will finish our walk at Coatham Marsh looking around the ponds and lakes for winter ducks.

We will have a lunch/break stop in the middle and hot drinks and cake at the end! We'll then shuttle people back to South Gare (can be a wait of 30 minutes)



Age 14+

## Friday 1st

### Story Activity Walk for under 5s

Max number of children: 20

T: 10am - 11.30am

L: Flatts Lane Woodland Country Park,  
TS6 0NN

GR: NZ 552 168

WL: Paul (Countryside Service)

Cost: £2

An engaging and fun adventure through the woods bringing the well-loved stories 'The Gruffalo' and 'Stickman' to life through hands on activities and games.

Meet at the Flatts Lane Woodland Country Park Visitor Centre, where we will also finish.

Will still go ahead if bad weather, so wrap up warm, but walk can be shorter and some games and activities can be done in the centre.



## Saturday 2nd

### Nordic Walking in Saltburn

Max number of walkers: 8

T: 9.30am - 11am & 1pm - 2.30pm

L: Saltburn Cliff Lift - Top of  
Promenade, Marine Parade, Saltburn,  
TS12 1DY

WL: Pat (Coast & Moors Nordic Walking)

Cost: £2

Depending on tides, you can experience Nordic Walking on the beach, or in the woods around Saltburn.

Have a go at walking with poles behind you, to experience, how the poles propel you forward, increase your stride length, how much easier it is to walk up and down hills. Pressure is taken off your knees & hips, and your posture improves with standing more erect and you become lighter on your feet.

Nordic Walking uses 90% of your major body muscles, enabling you to burn more calories than ordinary walking.



## Saturday 2nd

### A guided tour of Gisborough Priory and Gardens (1 mile)

**Max number of walkers: 15**

T: 11am - 12.30pm

L: Outside Gisborough Priory, Church Street, Guisborough, TS14 6HG

GR: NZ 6162 1609

WL: Derek (Gisborough Priory Project)

Cost: £2

Starting off at the little hut at the entrance, you will be escorted around the Priory site and given a commentary on its history, moving on to a guided tour of the adjacent historic gardens which are being restored and revitalised to reflect the different periods of the gardens history. The tour will then return to the main Priory exit.

The ground is uneven in places and slippery during or after wet weather.



## Sunday 3rd

### Hutton Moor Loop (5 miles)

**Max number of walkers: 30**

T: 10am - 2pm

L: Guisborough Forest & Walkway

Visitor Centre, TS14 8HD

GR: NZ 584 152

WL: Carl (Countryside Service)

Cost: £2

A circular route from Guisborough Forest & Walkway taking in woodland, farmland and moorland and part of the Cleveland Way. We will stop for lunch half way round.



# Partner Information

**For more information about our partners check out their website!**

## **Gisborough Priory Project**

[www.gisboroughprioryproject.co.uk](http://www.gisboroughprioryproject.co.uk) or pick up a leaflet from Guisborough Library.

## **Loftus ACCORD Walking Group**

Website: [www.walkingloftusandthenorthyorkshirecoast.com](http://www.walkingloftusandthenorthyorkshirecoast.com)

Email: [info@walkingloftusandthenorthyorkshirecoast.com](mailto:info@walkingloftusandthenorthyorkshirecoast.com)

## **Coast & Moors Nordic Walking**

For more information on Nordic Walking and to register visit

[www.coastandmoorsnordicwalking.com](http://www.coastandmoorsnordicwalking.com)

## **Tees Valley Wildlife Trust**

For more information and to see a list of upcoming events and walks visit

[www.teeswildlife.org](http://www.teeswildlife.org)

## **North York Moors National Park Authority**

Check out the NYMNP website for information on events including their annual WalkFest

[www.northyorkmoors.org.uk](http://www.northyorkmoors.org.uk)

[www.nationaltrail.co.uk/clevelandway](http://www.nationaltrail.co.uk/clevelandway)







## **General information**

Are you joining us from far and wide and need somewhere to stay? Check out the Redcar and Cleveland Borough Council Tourism page to find local accommodation and even some tasty places to eat after your long walks.

**[www.redcar-cleveland.gov.uk/visit](http://www.redcar-cleveland.gov.uk/visit)**

If you are keen to try out different walks across the Borough, you can find an array of walking leaflets on our countryside webpage.

**[www.redcar-cleveland.gov.uk/countryside](http://www.redcar-cleveland.gov.uk/countryside)**

Interested in becoming more involved in developing and maintaining the countryside? Why not volunteer!

For more information email [volunteering@redcar-cleveland.gov.uk](mailto:volunteering@redcar-cleveland.gov.uk) or call 01642 496428/496442

To see our full list of opportunities visit **[www.redcar-cleveland.gov.uk/volunteer](http://www.redcar-cleveland.gov.uk/volunteer)**

Unsure on which bus will take you to the starting point of the walk, visit the Arriva website to check out the timetable.

**[www.arrivabus.co.uk](http://www.arrivabus.co.uk)**

**If you would like to offer any feedback on the Walking Festival, please email [walkingfestival@redcar-cleveland.gov.uk](mailto:walkingfestival@redcar-cleveland.gov.uk)**

**To be part of the Walking Festival mailing list to ensure you receive a booklet, email [walkingfestival@redcar-cleveland.gov.uk](mailto:walkingfestival@redcar-cleveland.gov.uk) or call 01642 496442/496428**

*All money raised from the Walking Festival will be used to fund future Walking Festivals*



# Walking Festival Booking form 2019

|  |  |
|--|--|
| <b>Name:</b>                                       |  |
| <b>Age:</b>  |  |
| <b>Address:</b>                                    |  |
| <b>Tel no:</b>                                     |  |
| <b>Email address:</b>                              |  |
| <b>Emergency contact details (next of kin)</b>     | Name:<br>Relationship:<br>Full address (if different to above) |
| <b>Tel no:</b>                                     |  |
| <b>Do you suffer from any medical conditions :</b> |  |

## Indemnity

I (name)..... do hereby indemnify the Council of the Borough of Redcar & Cleveland as well as those partnership organisations involved in the Walking Festival, against all proceedings, costs, actions, expenses, demands or charges, howsoever arising out of or in connection with my chosen walks, except of any such claims, costs or expenses which arise as a result of any negligence or wrongful act caused by the Council of the Borough of Redcar & Cleveland, its servants, agents, employees or partner organisations.

**Signed:**

**Date:**

| Date       | Walk   | Tick if attending |
|------------|--|-------------------|
| Mon 28th   | Errington Circular   |                   |
| Mon 28th   | Handale Abbey Trail  |                   |
| Tues 29th  | Celebrating 50 years of the Cleveland Way                            |                   |
| Tues 29th  | 33 miles from the horizon  |                   |
| Tues 29th  | Nordic Walking in Saltburn   |                   |
| Wed 30th   | Guisborough / Great Ayton Circular                                   |                   |
| Wed 30th   | Nordic Walking in Saltburn   |                   |
| Wed 30th   | Winter Tree ID Walk for Beginners                                    |                   |
| Thurs 31st | The 3 S's Trail  |                   |
| Thurs 31st | Nordic Walking in Saltburn   |                   |
| Fri 1st    | Winter Birds of South Gare & Coatham Marsh                           |                   |
| Fri 1st    | Story Activity Walk for under 5's<br>Please state how many children? |                   |
| Sat 2nd    | Nordic Walking in Saltburn <span style="float: right;">9.30am</span> |                   |
|            | 1pm  |                   |
| Sat 2nd    | A Guided Tour of Gisborough Priory & Gardens                         |                   |
| Sun 3rd    | Hutton Moor Loop   |                   |



