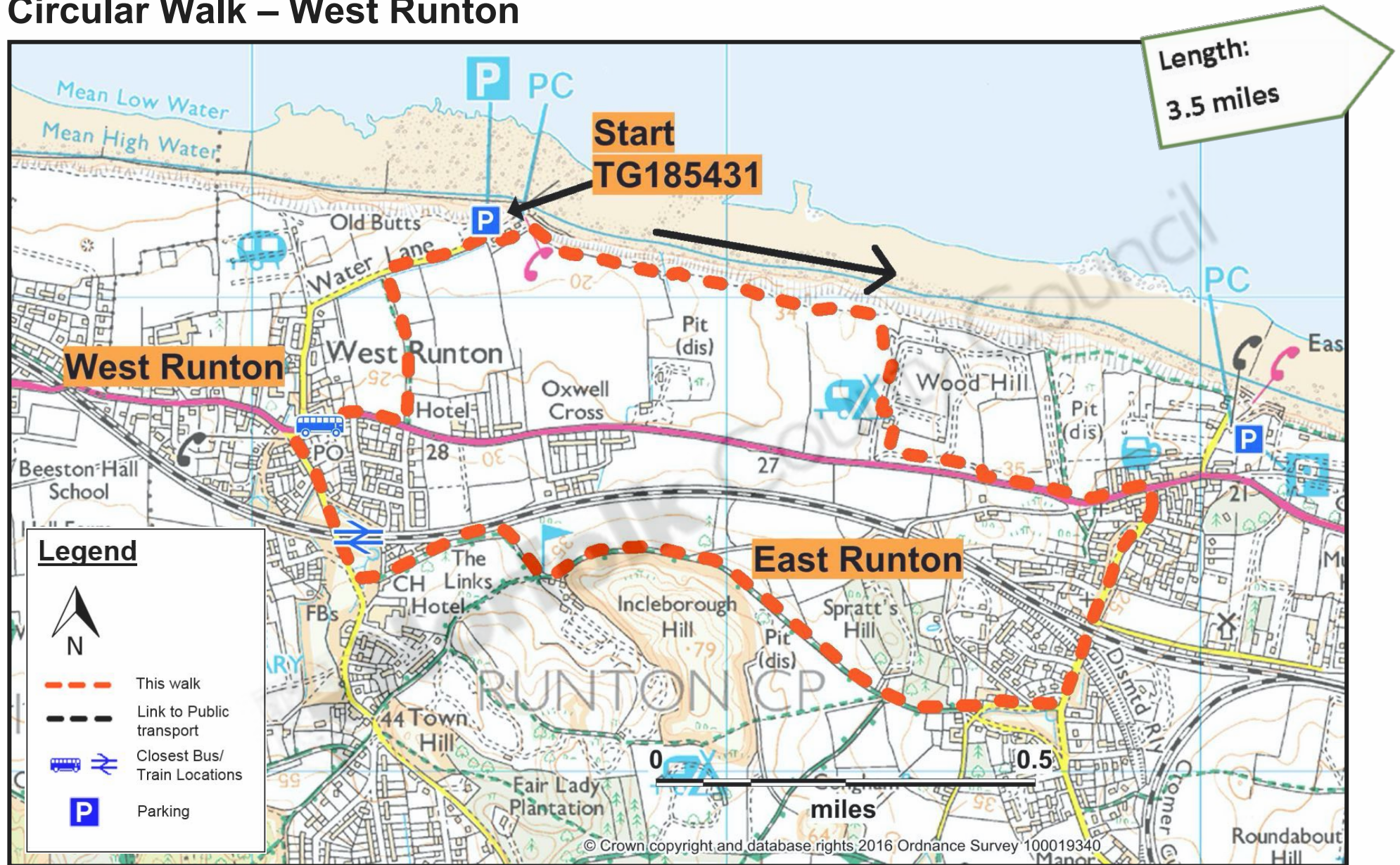


Circular Walk – West Runton



Along the way

The West Runton Circular is a charming route for families, first time walkers or those who just want a quick walk. Following the base of Inceborough hill, the route is less undulating than the nearby Roman Camp walk, but shares much of the same character and charm. Following sunken pathways between hedgerows and fields, you are often treated to glimpses of the sea.

Along the clifftop path, look for paragliders launching themselves into the air and surfers enjoying the water below. The Norfolk coast is also the first port of call for many migrant birds, exhausted after a journey over the sea. At different times of the year you can see species such as the tiny goldcrest refuelling in the scrubby bushes growing on the cliff slopes and land abutting the cliff tops.

On the fringes of East Runton, you'll pass beneath two railway viaducts. One is still in use today and supports the Norwich-Sheringham line. The other, though disused, is a fine example of industrial engineering.

When you're back at the start near West Runton beach, explore the rock-pools and keep an eye out for fossils; the skeleton of the famous West Runton mammoth was found in the cliffs here so who knows what you might discover.

Walk summary

Enjoy a cliff top path and country lanes between the villages of East and West Runton

Getting started

The walk starts and finishes at Water Lane Car Park, West Runton (TG185431).

Getting there

West Runton is accessible by train on the Norwich-Sheringham line, and by Coast Hopper bus. The Post Office bus stop, Cromer Road, West Runton, is also visited by the Sanders 5, 44A and X44 bus services. Car parking at the Water Lane car park is available year-round, charges apply March-October.

Traveline enquiries: 0871 200 22 33
www.travelineeastanglia.co.uk

Maps and guides

Ordnance Survey Explorer Map 252, Norfolk Coast East available from Ordnance Survey shop
www.ordnancesurvey.co.uk/

What to expect

Clifftop paths, footpaths and quiet lanes.

Facilities

There are public toilets (seasonal opening) and a cafe at the start of the walk. The route also passes many other pubs, Cafés and shops in both East and West Runton.