YOUR GUIDE TO THE SOUTH DOWNS WAY

Maps, guides and books

For further information about the South Downs Way, visit www.nationaltrail.co.uk/southdowns or www.southdowns.gov.uk
Maps, guides and books

Although the South Downs Way is well marked with signposts and coloured arrows, it is always advisable to carry a map with you. Not only can you be reassured that you’re on the right track, but you’ll also be able to deviate off of the trail to explore surrounding countryside or find a pub for some well earned refreshment!

KEY
_publisher
_size
_RRP

MAPS
The most detailed and comprehensive mapping of the South Downs is produced by Ordnance Survey.

**LANDRANGER SCALE 1:50 000**
(2 cm to 1 km, 1¼ inches to 1 mile). £6.99 each
These are adequate for cycling where longer distances are covered. The following maps will be needed to cover the whole trail:
• Winchester & Basingstoke 185
• Chichester & The South Downs 197
• Brighton & Lewes 198
• Eastbourne & Hastings 199

**EXPLORER SCALE 1:25 000**
(4 cm to 1 km, 2½ inches to 1 mile). £7.99 each.
These are more detailed than the Landranger maps above and are ideal for walkers and horse riders. The following maps will be needed to cover the whole of the trail:
• Winchester, Alresford & East Meon 132
• Chichester, South Harting & Selsey 120
• Arundel & Pulborough 121
• Brighton & Hove, Lewes & Burgess Hill 122
• Eastbourne & Beachy Head 123
Map 119 Meon Valley, Portsmouth, Gosport & Fareham, also shows part of the South Downs Way, but this is also covered on Map 132. Map 133, Haslemere & Petersfield, does not cover the SDW itself but is useful to show routes to and from Petersfield and surrounding villages.

All Explorer maps are available as encapsulated OS Explorer Map – Active, making them tough, durable and weatherproof.
All OS maps can be purchased from the Ordnance Survey website www.leisure.ordnancesurvey.co.uk/leisure or by phone on 0845 456 0420. Most good bookshops and outdoor shops also stock OS maps.

**HARVEYS MAPS**
Harveys Maps also produce the South Downs Way XT40 map, covering the whole trail at 1:40,000 scale. This is a lightweight (60gsm) weatherproof map, suitable for use with GPS and ideal for cyclists. £12.95 each. Visit www.harveymaps.co.uk or call 01786 841202 for information.

**SPASH MAPS**
Splash Maps produce a unique set of five fabric waterproof, washable maps at 1:40,000 scale. Five maps 72x72cm each, covering the whole South Downs Way. £18.99 each. Visit www.splashmaps.net or call 07876 390656 to order.

**SOUTH DOWNS WAY GUIDE BOOKS**
There are many guidebooks available, most including maps of the route.

**THE SOUTH DOWNS WAY NATIONAL TRAIL GUIDE (2012)**
by Paul Millmore.
The official National Trail Guide for the South Downs Way uses Ordnance Survey map extracts for each section of the trail.
_Aurum Press. ISBN 978-1-78131-088-5_
_21 x 13 x 1.6cm, 168 pages_
_£12.99_

**THE SOUTH DOWNS WAY: DESCRIBED EAST-WEST AND WEST-EAST (2009)**
by Kev Reynolds.
This guide covers the South Downs Way in 12 daily stages with OS mapping.
_16.8 x 11.6 x 1 cm, 160 pages_
_£12.95_
SOUTHDOWNS WAY: WINCHESTER TO EASTBOURNE (2012)
by Jim Manthorpe.
A practical guide with 60 maps, places to stay and places to eat.
204 pages
£11.99

MOUNTAIN BIKING ON THE SOUTHDOWNS (2011)
by Peter Edwards.
A guide to riding the whole South Downs Way plus 26 circular rides across the National Park. Includes OS mapping and route profiles.
17.6 x 12 x 1.7cm, 235 pages.
£14.95

SOUTHDOWNS WAY (2011)
by Fiona Barltrop.
Illustrated guide to the South Downs Way in a ring-bound waterproof notebook format.
Rucksack Readers. ISBN 978-1-89848-144-7
22 x 14.5 x 0.7cm, 63 pages
£10.99

ALONG THE SOUTHDOWNS WAY
by the South Downs Society.
A concise guide. ISBN 978-09716-809-6
60 pages
£6 (currently unavailable – used copies may be available on amazon.co.uk).

OTHER GUIDES

THE BIG WALKS OF GREAT BRITAIN
by David Bathurst.
A guide to many of the country’s long distance routes, including the South Downs Way and all of the other National Trails.
Summerdale Publishers.
ISBN 978-1-84024-566-0
19.4 x 13 x 3.6cm, 320 pages.
£9.99

THE NATIONAL TRAILS OF ENGLAND, SCOTLAND AND WALES
by Paddy Dillon.
The complete guide to the National Trails of England, Scotland and Wales.
Cicerone. ISBN 978-1-85284-504-9
24 x 17cm, 254 pages
£17.95

WALKS IN THE SOUTHDOWNS NATIONAL PARK (2011)
by Kev Reynolds.
Cicerone. ISBN 978-1-85284-618-3
219 pages
£12.95

SOUTHEAST MOUNTAIN BIKING: NORTH & SOUTHDOWNS (2008)
by Nick Cotton.
219 pages
£12.95

OTHER BOOKS, DVDS AND DOWNLOADS

THE IRREVERENT GUIDE TO WALKING AND CYCLING THE SOUTHDOWNS WAY (2002)
by Martin King.
One man’s amusing adventure both walking and cycling the SDW.
192 pages
£7.99 (currently unavailable – used copies may be available on amazon.co.uk)

THE SOUTHDOWNS WAY
by Belinda Knox.
A photographic journey along the SDW.
112 pages
£14.99

MOODS OF THE SOUTHDOWNS (2007)
by Ian McGowan.
A photographic journey along the South Downs Way from Eastbourne to Winchester.
23 x 21.6 x 1.8 cm, 144 pages, hardback
£14.99 (currently unavailable – used copies may be available on amazon.co.uk)
**IMPRESSIONS OF THE SOUTH DOWNS (2008)**
A soft-back photographic guide to the South Downs.
- 21 x 28 x 0.8cm, 96 pages
- £9.99

**A PICTURE OF THE SOUTH DOWNS: ART IN THE NATIONAL PARK (2012)**
by Terry and Christine Timblick.
Hardback coffee table book of art and artists of the South Downs.
- 24.5 x 26.5 x 2cm, 144 pages
- £34.99

**DVD/DOWNLOAD: SOUTH DOWNS WAY NATIONAL TRAIL VIDEO GUIDE**
Presented by Anthony Burton.
- DVD (£9.99) or download (£4.99)

**DVD: SAXON SHORE WAY & SOUTH DOWNS WAY (2006)**
Aerial Britain DVD showing the South Downs Way from the air. 58 minutes.
- £9.49 (currently unavailable – used copies may be available on amazon.co.uk)

This information is believed to be correct at time of writing (June 2013).
No responsibility can be taken for errors. However if you spot an error please contact the South Downs Way Team, South Downs National Park Authority, Stanmer Park Offices, Stanmer Park, Lewes Rd, Brighton, BN1 9SE.

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