Your guide to the South Downs Way

Drinking water

For further information about the South Downs Way, visit www.nationaltrail.co.uk/southdowns or www.southdowns.gov.uk
Drinking water

There are only a limited number of places where drinking water can be obtained along the South Downs Way. This is because the trail runs mostly along the crest of the Downs, while all of the villages and springs are at the foot of the Downs. Please ensure that you carry enough water; it is recommended that you should drink at least 2 litres per day in summer. Please note that water points at pubs are only available when the pub is open.

Please note that due to some of the taps being in exposed rural locations, they may be drained and turned off between November and March to prevent them from freezing and bursting.

From Winchester to Eastbourne, water points and their grid references are:

**THE MILBURYS**
Beauworth, SU 570 246. Pub.

**THE SHOE INN**

**MEON SPRINGS**
Whitewool Farm, SU 655 215. Water available from the fishing lodge when open.

**THE BEECH CAFE**
Sustainability Centre, SU 676 190. Café.

**QUEEN ELIZABETH COUNTRY PARK**
SU 718 185. Café open 10am – 4.30pm most of the year, check opening times on 023 9259 1362.

**HILL BARN**
A286 crossing, SU 879 166. Tap & trough.

**AMBERLEY**

**FRANKLIN ARMS**

**PARKFIELD FARM**
Washington, TQ 118 119. Tap.

**BOTOLPHS**
River Adur crossing, TQ 198 094. Tap & trough.

**TRULEIGH HILL**
YHA, TQ 220 106. Tap.

**DEVIL’S DYKE**
TQ 258 110. Pub.

**SADDLESCOMBE FARM**
TQ 271 114. Tap.

**HOUSEDEAN FARM**
A27 crossing, TQ 368 092. Tap.

**SOUTHEASE CHURCH**
TQ 423 052. Tap.

**ALFRISTON VILLAGE**
c. TQ 520 030. Several pubs, cafés and toilets.

**THE EIGHT BELLS**
Jevington, TQ 562 017. Pub.

**SEVEN SISTERS**
Country Park, TV 518 995. Tap behind toilet block.

**BIRLING GAP**
TV 553 960. Pub and public toilets.

**BEACHY HEAD**
TV 590 958. Pub and public toilets.

This information is believed to be correct at time of writing (June 2013). No responsibility can be taken for errors. However if you spot an error please contact the South Downs Way Team, South Downs National Park Authority, Stanmer Park Offices, Stanmer Park, Lewes Rd, Brighton, BN1 9SE.

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