



Linger with loved ones

Sandsend



Sandsend can be found two miles north of Whitby, nestling under Lythe Bank and Mulgrave Woods. This quaint village sits at the end of a fine three mile sandy beach. Boasting picture-postcard cottages, babbling becks and beach cafés with fabulous sea views, it's the perfect place to linger with your loved one.

Originating around two inlets, the village has two historical settlements – Old Sandsend and East Row. The former extends deep into a secluded valley, sheltered away from the sea front. Here, the sandstone cottages cluster around a stream and gardens grow tumbling roses and hollyhocks. Ducks swim in the beck and goats are tethered on the grass.

Start from The Wits End Café at the bottom of Lythe Bank in Old Sandsend and head down to the beach via the slipway. Near to the cliffs, you'll find countless rock pools revealed at low tide and worth exploring.

Make your way along the beach. Over the centuries, this sweeping landscape has inspired work by many artists and authors, including, allegedly, the poem 'The Walrus and the Carpenter' after Lewis Carroll walked along this shoreline.

Looking out to sea, you may be lucky to see the odd seal bobbing on the waves. Marine life here is rich, particularly in summer and early autumn when whales arrive to feast on the migrating herring which come to spawn. In recent years, wildlife cruises have reported sightings of Minke, Sei, Fin and Humpback whales, plus numerous dolphins and seals.



As you travel further along the coastline, you'll come across boulder clay cliffs. Part of the Dinosaur Coast, keep your eyes peeled for any fossils, but stay clear of the rock face. Continue along until you reach the ramp, half way to Whitby. Turn and retrace your steps.

Leave the beach at the steps next to Sandsend Café. Then meander into East Row, taking your time to browse in some of the craft shops over the bridge. Set further back in a quiet, wooded setting, you'll find Bridge Cottage Bistro. Not only is it worth a visit for a lavish lunch or slice of cake, access to Mulgrave Woods is just past here.

Mulgrave Woods is very picturesque with tumbling streams, roaming deer and dappled light shining through broad-leaved woodland. It's privately owned but access is possible on certain days (see below). Feel free to take one of the paths and explore further, but make sure you return the same way you entered.

WARNING



- **Walk on the beach at low tide only.**
- **Keep away from the cliffs due to risk of rock falls**
- **Stick to main routes and don't enter private areas (Old Sandsend)**

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Heading back to your starting point, you'll pass a newer development that links Old Sandsend and East Row. Just along this section you'll find Sandsend Stores, where you can buy delicious, locally-produced delicatessen fair and fine wine. Perfect for a picnic at sunset!

For further treats, head to Estbek House for a sumptuous dinner. Stay longer and enjoy a couple's spa treatment at Raithwaite Hall.

Essentials

This amble is roughly 3 miles long, but can be extended by visiting Mulgrave Woods.

Useful information

There are plenty of shops, cafés, pubs and places to stay in Sandsend

Mulgrave Woods – open Wednesdays, Saturdays, Sundays and bank holidays through the year. Closed May

Wildlife cruises – www.whitbycoastalcruises.co.uk

Raithwaite Hall – www.raithwaiteestate.com

Estbek House restaurant - www.estbekhouse.co.uk

Bridge Cottage Bistro - www.bridgecottagebistro.com

Sandside Café - sandsidecafe.co.uk

The Woodlands café and restaurant - www.thewoodlands-sendsend.com

The Wits End Café - witsendcafe.co.uk

How to get here from Middlesbrough and Scarborough

Bus and trains

Pick up the X93 and X4 service from Scarborough
Take the train from Middlesbrough to Whitby, then X4 bus to Sandsend

www.yorkshiretravel.net

Cycle

The National Cycle route 1 runs from Middlesbrough to Whitby. Sandsend is a short distance away by road.

Car

Take A171 and follow the signs to Sandsend.

A pay and display car park can be found behind Wits End Café. Other parking is available along Sandsend Road and next to Bridge Cottage Bistro.



Cleveland Way

NATIONAL TRAIL

