

FIVE TURNINGS TO KNIGHTON

A 3 mile walk along Offa's Dyke and through Kinsley Wood. A great way to sample Offa's Dyke Path without strenuous climbs. However, you need sturdy boots for the downhill sections of path, some of which are steep.



Getting There

Catch the 'Castle Connect' 783 bus from **Knighton** to Five Turnings at 1028, 1343 and 1658. This runs on Saturdays, Sundays and Bank Holidays only from May until the end of September.

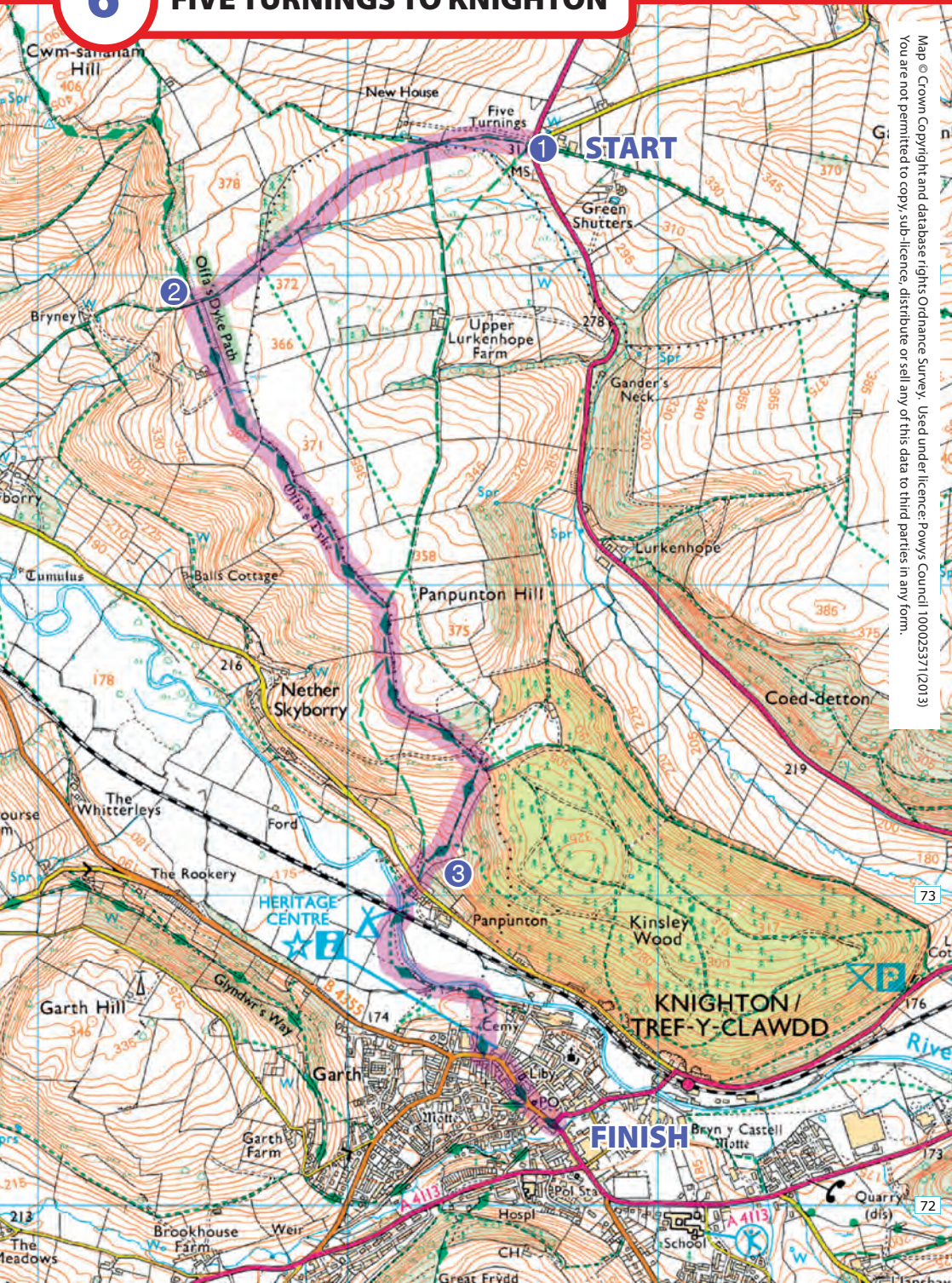
Otherwise, catch the Arriva 740 bus on Thursdays only at 1245 from **Knighton** Bus Station (or from **Ludlow Assembly Rooms** at 0845).

Ask the driver for **Five Turnings**.

1. Start from the bridle gate located to the right of the post box opposite the turning for Chapel Lawn. As the name of this tiny hamlet suggests, it was the meeting point for several old roads. This leads onto a green track which you follow through to a large pasture at a junction of bridleways. Head slightly left up the hillside to pass through trees to the right of a stream. On reaching the brow keep alongside the fence on the left to go through a bridle gate by a barred gate.
2. Go through the next gateway to join Offa's Dyke Path. Go left here through a bridle gate and follow a well worn path alongside the earthworks (which are on your left) through four more bridle gates. The views across the Teme Valley to Radnor Forest are exquisite. The River Teme rises near Kerry and flows into the Severn just south of Worcester. It is a very attractive and predominately rural river valley throughout its course. The path bends to the left beneath Panpunton Hill and descends to a signpost. Go right here to descend more steeply, firstly on a green swathe between bracken and then down rutted and braided paths that lead to a bridle gate. This can get slippery in wet weather so take extra care.

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3. This exits onto a lane. Cross over and go through another bridle gate. Head slightly right and then left to cross the railway line. Look and listen for trains before crossing. Walk over a footbridge spanning the crystal clear waters of the River Teme and then go left to walk along the riverside, passing through three bridle gates, to walk beneath a wooded slope. Go right, as way-marked, up to the Offa's Dyke Centre on West Street and then left along the road into the town centre. Turn left opposite the Knighton Hotel on Station Road for the Railway Station or go right into Bowling Green Lane for the Bus Station.



Photographs by **Chloë Lumsdon, Rob Dingle, Visit Herefordshire.**

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