

Try a Trail by Bike...

Hard'en Fast

A mountain bike loop west of Bingley that includes sections on the Calder Aire Link.

This map is part of a series that can be downloaded free from www.nationaltrail.co.uk/penninebridleway



ROUTE LENGTH
13 1/2 miles
22 km

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This route guide includes subjective elements such as gradings, and generalisations such as surface descriptions (both these may change over time & will be affected by the weather). Maps and routes are for guidance only. It is up to you the cyclist to judge your own cycling competence, be aware of the conditions on the ground and be in control of your bicycle at all times. Whilst every effort has been made to ensure all the information presented is accurate we can not guarantee it is error free. In no event will any party involved in the making of this route guide be liable for any special, direct, indirect or consequential damages out of the use or inability to use the route guide.

Pennine Bridleway

NATIONAL TRAIL

Hard'en Fast

Mountain Bike Route

An enjoyable and varied route on byways and bridleways, joined by the odd stretch of road. On the whole the route is not too demanding on your mtb skills (barring a few short technical sections which can be quickly walked down if needs must). There are a couple of uphill to test the best climbers, but they are fairly short so not much time is lost walking up them! and a good smattering of smaller climbs; so a reasonable level of fitness required. Cafes and pubs are conveniently situated along the way.

Route Length: 13.5 miles / 22km

Rough Time: 2.5 - 4.5 hours.

Refreshments

There is no excuse for going hungry or thirsty on this ride! As you go around the route you will pass the front door of three pubs and three cafes (all marked on the map). If you arrive by train then Bingley also has a selection of pubs, cafes and convenience stores.

START: St Ives Estate Car Park (the car park at the eastern entrance to the estate, off the B6429)

For navigation please note **Points F, G, H** are on the **Calder Aire link** which is generally well signposted.

The points below are referenced on the map

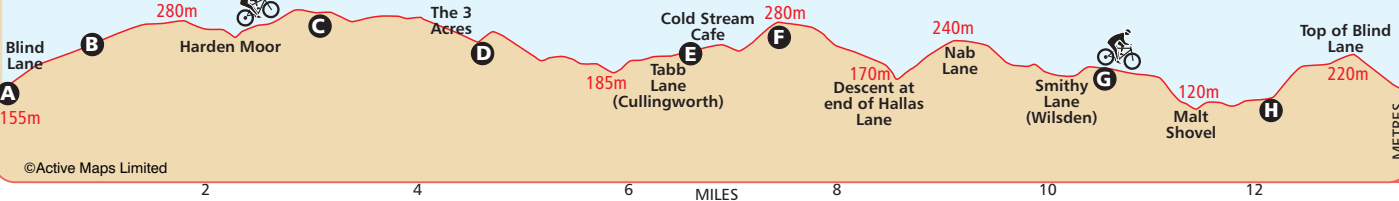
- A** Exit car park & TR. Just before first building TR onto bridleway signed 'Blind Lane'. Climb to top & TR. Stay on the main path as it bears left in front of an old stone barn.
Continue to the end of the path where it bends to the right to go through a gap in the estate stone wall onto Alter Lane (just before this there is a path off to the left through steel gates - ignore this path). TL.
- B** Now follow the narrower path with the high estate wall on your immediate left. Follow all the way to join road & TL.
About 150 metres past a 50mph road sign TR through gap in the wall onto permissive bridleway. Continue SA with fence on your left.
Shortly after a small technical descent & short steep climb the path swings round to the right. Follow to join wide gravel farm drive & keep SA. Climb to path junction & TL heading for a small transmitter beacon.
Keep straight on as you pass the beacon onto a wider track.
- C** Join road (opposite The Guide Inn) & TR then immediately at a staggered crossroads continue SA (signed for Haworth).
After 50 metres ignore road off to the right.
Keep SA, passing The 3 Acres Pub after a few minutes.

- D** Just past Jack Smith Garage TL up bridleway. Follow the broken tarmac up to & around left bend. Follow straight on when it turns to a track.
Keep SA & down (ignore a driveway off to the left half way down the hill). Then continue up to Sugden House Farm. Keep this on your right & continue through the gate & into field. Keep the wall on your right then when half way up the field BL as the path follows a line of trees. Follow to & through gate in the top right of the field. Continue on the path. SA as you cross a private driveway & over a bridge after which the path bends & drops down to the right. Join a drive (for Sunnycarth) & drop down 100 metres to bridleway split & TR onto narrower path. Soon climb. Go under bridge & out onto wide track. TL. At track crossroads continue SA.
- E** Join road & TR. After about 500 metres TL towards Cold Stream Cafe onto tarmac bridleway. At the cafe continue SA & down narrow path. Now a tough climb, keep SA to come out on a wide track & follow to join road.
- F** TL then immediate TR onto bridleway (Calder Aire link).
Keep on this path all the way to join a road (about 100 metres before the road you will cross over Sustrans route 69).
Continue SA onto & along Hallas Lane. At the end keep SA & drop down narrower path. Cross river then up other side. Climb to houses & onto concrete. Follow Calder Aire signs to join road. TR, follow to a 'white' house on the right & TL onto Nab Lane (an off-road path).

- Stay on the main path, after a wide right hand bend BL at a path fork & descend gravel path. Come out on Tan House Lane, follow to road T-junction & TL. Descend to T-junction.
TL then take 2nd right onto Smithy Lane. After 50 metres TR onto track. Follow bridleway signs to meet Coplow Lane .
- G** TL onto Coplow Lane then at next end turn left onto Lee Lane. Follow to end then continue straight down on the track, just before the Stone works entrance.
Follow down, around bends and to road, TR. Pass Malt Shovel Pub & TR onto Wilsden Old Road. Around bend & TR onto Narrow Lane. At main road TR.
- H** Just after the sports field (on your left) TL onto a bridleway. Soon climb, keep on the bridleway, it will bend & go onto a narrower then steeper path.
Join tarmac estate bridleway & TR. Immediately after Coach House TL. Follow past car park (on your left) & BR through a gate (often open) onto a wide track. Climb to top (watch out for golf balls as you cross a golf fairway) & SA past a metal gate.
At signpost for Blind Lane TR & descend down to tarmac drive. TL & back to car park.

Abbreviations: TR-Turn Right, TL-Turn Left, BR-Bear Right, BL-Bear Left, SA-Straight Ahead

Route Profile



THE CALDER AIRE LINK

This mountain bike loop includes sections on the Calder Aire Link.

The Calder Aire link is a 17 mile (27km) linear route developed for horse riders, mountain bikers and walkers running between St.Ives Estate near Bingley to join the Pennine Bridleway at Widdop Road in Calderdale.

Cycle Shop/Maintenance in Bingley:

Keith Lambert Cyclesport Tel: (01274) 560605

Travelling to the Area by Train

Bingley Station (Airedale Line) is situated near to the route and will add about 2 miles in total to the route length. See the green box on how to pick up the route.

A possible Sunday Itinerary*

From Leeds: Depart 10.51 • Arrive Bingley 11.09
Depart Bingley 16.11 • Arrive Leeds 16.34

From Skipton: Depart 9.36 • Arrive Bingley 9.55
Depart Bingley 14.26 • Arrive Skipton 14.48

* please note this is for guidance only. Time taken on route will vary with individuals & train times may change. Please check with National Rail Enquiries for full service details (Tel: 08457 48 49 50 or www.nationalrail.co.uk). There is space for two bikes on the train and more at the conductor's discretion, on a first come first serve basis (no booking required).

To pick up the route from Bingley Station

TL out of station exit then quickly TR up short no vehicle street (Foundry Hill). TL onto the main road. Take next right onto Myrtle Place. Continue around bend then TL immediately past the Vets and before the Health Centre up a cobbled drive. Continue SA to reach basketball court, BR down hill. At bottom continue SA to cross the green bridge. TR & keep close to river for 200 metres then pick up the track that bears left into the trees. Reach road and go SA and up Alter Lane. Climb steeply. Stay on this main track all the way until it starts to level out & then splits by a 'No Car Sign'. Now follow the main directions from start of point **B**.

To return to Bingley Station

Follow to top of Blind Lane in point **H**. Continue SA then TR at stone barn. Follow path down and through the estate wall onto Alter Lane. TR and retrace steps from your outward journey (caution at the road junction at bottom of Alter Lane).

