

South Downs Way Distances

South Downs Way

NATIONAL TRAIL



The table below gives the approximate distances (in miles) between the main access points along the South Downs Way, as a guide to route planning. It's about another 2 miles/3km from the railway stations at Winchester and Eastbourne to the start/finish points. Please note that this chart shows the bridleway route. The cliff top footpath section between Eastbourne and Alfriston via Beachy Head and Seven Sisters Country Park is an additional 4.5 miles than the 8 shown for the bridleway route between Alfriston and Eastbourne via Jevington.

Distances between main access points along the Bridleway route.

	Winchester	The Millburys	Warnford	QECP	Harting Down	Cocking Hill	Bignor Hill	Amberley	Washington	River Adur	Truleigh Hill	Devils Dyke	Ditchling Beacon	Housedean Farm	Southease	Alfriston	Jevington	Eastbourne
Winchester																		
The Millburys Inn (Beauworth)	9																	
Warnford Village	13	4																
Queen Elizabeth Country Park	23	14	10															
Harting Down	29	20	16	6														
Cocking Hill Car Park	36	27	23	13	7													
Bignor Hill	43	34	30	20	14	7												
Amberley Village	48	39	35	25	19	12	5											
Washington Village	54	45	41	31	25	18	11	6										
River Adur	61	52	48	38	32	25	18	13	7									
Truleigh Hill	63	54	50	40	34	27	20	15	9	2								
Devils Dyke	68	57	53	43	37	30	23	18	12	5	3							
Ditchling Beacon	70	61	57	47	41	34	27	22	16	9	7	4						
Housedean Farm	75	66	62	52	46	39	32	27	21	14	12	9	5					
Southease Village	82	73	69	59	53	46	39	34	28	21	19	16	12	7				
Alfriston Village	90	81	77	67	61	54	47	42	36	29	27	24	20	15	8			
Jevington Village	94	85	81	71	65	58	51	46	40	33	31	28	24	19	12	4		
Eastbourne	98	89	85	75	69	62	55	50	44	37	35	32	28	23	16	8	4	

